What is Semintra?

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Semintra is an easy to give oral solution specifically designed for cats which reduces high blood pressure.

How is Semintra given?

Always follow your vet's advice on the amount of Semintra to give. Semintra is given by mouth once daily. As an easy to give liquid many cats accept Semintra straight from the syringe. It can also be given with a small amount of food. Semintra has been specifically designed for cats and has been awarded the *Easy to Give* award by International Cat Care.

How long does Semintra take to work?

Semintra works quickly and most cats' blood pressure will be reduced within 2 weeks.

What if I miss a dose?

Don't worry if you miss or forget a dose of Semintra. Simply wait until the next scheduled dose is due and give as normal.

Are there side effects?

Like all licensed veterinary medicines, Semintra has been thoroughly tested for safety. Mild and short-lived side effects such as vomiting and diarrhoea are the most common possible side effects seen with Semintra. Further details about Semintra and how to use it can be found in the package leaflet. If you have any concerns, please contact your vet for advice.

Why does my cat need to have their blood pressure re-checked?

Every cat is different so your vet will want to ensure your cat's dose of Semintra is working effectively. This is especially important during the first few months of treatment. Once your cat's blood pressure is stable and under control your vet may want to check their blood pressure every 3-4 months to make sure all is well.

What will my cat's life be like on Semintra?

Finding out your cat has high blood pressure can be distressing, but there are many reasons to remain positive. Your cat is likely to require lifelong treatment for their high blood pressure, but lots of cats continue to live happily for many years

Checklist

Follow your vet's advice regarding:

✔ The dose of Semintra

✔ Giving Semintra regularly each day

✔ Returning for blood pressure checks

Speak to your vet before:

✔ Stopping, increasing or reducing the dose of Semintra

✔ Giving your cat any additional medication or supplements

For further information about high blood pressure and how you can help your cat visit **www.semintra.co.uk**

Boehringer Ingelheim

Managing your cat's blood pressure with Semintra®

isfm ✓ **easy to give**
www.icatcare.org/vets

Semintra
THE SOLUTION

Finding out your cat has high blood pressure

We all dread hearing our pet is unwell, but the good news is that high blood pressure (also known as hypertension) can be well controlled in cats. Your vet has prescribed Semintra for your cat because your cat has high blood pressure. This leaflet will help you understand more about high blood pressure in cats and how Semintra can help.

High blood pressure in cats

Cats, just like people, commonly suffer from high blood pressure, especially as they get older. In fact around 15% of cats over the age of 9 have high blood pressure. In healthy cats the systems within the body make constant adjustments to keep blood pressure within a healthy range. If there is a problem affecting any of these complex systems, a cat's body is unable to maintain blood pressure within the normal healthy range.
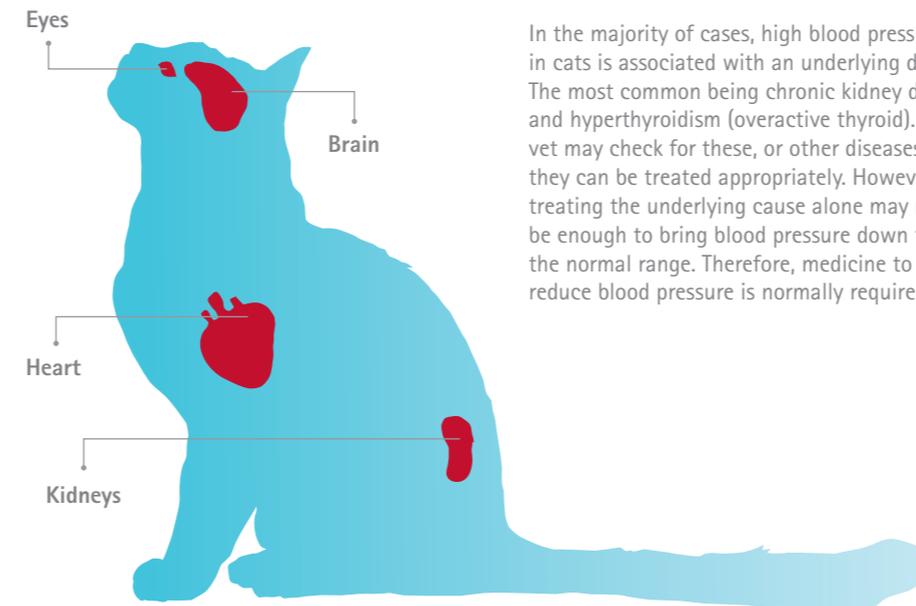
High blood pressure can occur on its own for no obvious reason, but in cats it is normally due to an underlying condition. Chronic kidney disease and hyperthyroidism (overactive thyroid) are the most common conditions associated with high blood pressure in cats.

Sustained high blood pressure can cause damage to the eyes, kidneys, heart and brain. Sometimes there may already be some damage to these organs, especially if the blood pressure is very high or has been high for a long time. However, high blood pressure is easily managed and cats can live many years with the condition when it is well controlled.

What signs should I look for?

Just like in humans, high blood pressure does not usually show any symptoms, especially early on. Therefore, frequent visits to your vet are vitally important to make sure your cat's blood pressure is under control. Left untreated, sustained high blood pressure can cause damage to vulnerable organs, including:

- **Eyes** – causing sudden blindness
- **Kidneys** – leading to symptoms such as weight loss, excessive drinking and urinating, loss of appetite and dehydration
- **Heart** – causing murmurs and abnormal rhythms
- **Brain and nervous system** – causing symptoms such as depression, seizures and disorientation

Eyes

Brain

Heart

Kidneys

How is high blood pressure diagnosed?

Your cat's blood pressure is measured using a machine similar to that used in humans with an inflatable cuff placed around their leg or tail. Measuring blood pressure is quick and completely painless and most cats don't mind their blood pressure being measured at all.

Because blood pressure can be influenced by many factors, including whether your cat is anxious during the procedure, your vet may ask you to stay with your cat to help comfort and relax them.

Your vet may also examine your cat's eyes after measuring their blood pressure. This is because high blood pressure can cause damage leading to blindness. The procedure is very similar to how an optician checks a human's eyes; it is pain-free and well tolerated by most cats.

How is high blood pressure treated?

In the majority of cases, high blood pressure in cats is associated with an underlying disease. The most common being chronic kidney disease and hyperthyroidism (overactive thyroid). Your vet may check for these, or other diseases, so they can be treated appropriately. However, treating the underlying cause alone may not be enough to bring blood pressure down to the normal range. Therefore, medicine to reduce blood pressure is normally required.

Semintra
10 mg/ml
oral solution for cats
Telmisartan
1 measuring syringe
35 ml
Boehringer Ingelheim